

## □ ICD-10 Code Updates Relevant to Chiropractic Effective October 1, 2025

### **Pain & Tenderness Codes (R-Codes)**

- **R10.20** – Pelvic and perineal pain, unspecified
- **R10.21** – Pelvic and perineal pain, right side
- **R10.22** – Pelvic and perineal pain, left side
- **R10.23** – Pelvic and perineal pain, bilateral
- **R10.24** – Suprapubic pain
- **R10.8A1** – Flank tenderness, right side
- **R10.8A2** – Flank tenderness, left side
- **R10.8A3** – Suprapubic tenderness
- **R10.8A9** – Flank tenderness, unspecified
- **R10.A0** – Flank pain, unspecified
- **R10.A1** – Flank pain, right side
- **R10.A2** – Flank pain, left side
- **R10.A3** – Flank pain, bilateral

### **Contusion Codes (S-Codes)**

- **S30.11XA** – Contusion of abdominal wall, initial encounter
- **S30.12XA** – Contusion of groin, initial encounter
- **S30.13XA** – Contusion of flank, initial encounter

## ✗ No Longer Billable as Standalone Codes

These parent codes were converted into categories and are no longer valid on their own:

- **M51.35** – Other intervertebral disc degeneration, thoracolumbar region
- **M51.36** – Other intervertebral disc degeneration, lumbar region
- **M51.37** – Other intervertebral disc degeneration, lumbosacral region

➞ Use the expanded sixth-character subcodes below for accurate documentation:

### **Musculoskeletal Updates – Thoracolumbar Region (M51.35 Series)**

- **M51.350** – Other intervertebral disc degeneration, thoracolumbar region, with discogenic back pain only
- **M51.351** – Other intervertebral disc degeneration, thoracolumbar region, with lower extremity pain only
- **M51.352** – Other intervertebral disc degeneration, thoracolumbar region, with discogenic back pain and lower extremity pain
- **M51.359** – Other intervertebral disc degeneration, thoracolumbar region, without mention of back pain or lower extremity pain

### **Musculoskeletal Updates – Lumbar Region (M51.36 Series)**

- **M51.360** – Other intervertebral disc degeneration, lumbar region, unspecified
- **M51.361** – Other intervertebral disc degeneration, lumbar region, right side
- **M51.362** – Other intervertebral disc degeneration, lumbar region, left side
- **M51.363** – Other intervertebral disc degeneration, lumbar region, bilateral
- **M51.364** – Other intervertebral disc degeneration, lumbar region, with radiculopathy
- **M51.365** – Other intervertebral disc degeneration, lumbar region, with myelopathy

- **M51.366** – Other intervertebral disc degeneration, lumbar region, with neurogenic claudication
- **M51.367** – Other intervertebral disc degeneration, lumbar region, with other neurologic symptoms
- **M51.368** – Other intervertebral disc degeneration, lumbar region, with multiple neurologic symptoms
- **M51.369** – Other intervertebral disc degeneration, lumbar region, with unspecified neurologic symptoms

### **Musculoskeletal Updates – Lumbosacral Region (M51.37 Series)**

- **M51.370** – Other intervertebral disc degeneration, lumbosacral region, with discogenic back pain only
- **M51.371** – Other intervertebral disc degeneration, lumbosacral region, with lower extremity pain only
- **M51.372** – Other intervertebral disc degeneration, lumbosacral region, with discogenic back pain and lower extremity pain
- **M51.379** – Other intervertebral disc degeneration, lumbosacral region, without mention of lumbar back pain or lower extremity pain

### **Other Musculoskeletal Code**

- **M21.159** – Other specified acquired deformity of hip, unspecified hip (Varus deformity)

### **Social Determinants of Health (Z-Codes)**

- **Z59.0** – Homelessness
- **Z59.4** – Lack of adequate food
- **Z59.5** – Extreme poverty
- **Z59.81** – Housing instability
- **Z60.2** – Problems related to living alone
- **Z60.4** – Social exclusion
- **Z60.82** – Social isolation
- **Z63.72** – Caregiver stress

## ✕ Deleted Codes

- **R10.2** – Pelvic and perineal pain (replaced by R10.20–R10.24)
- **R10.8** – Other abdominal pain (replaced by R10.85 and R10.8A codes)

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